

RANCHO DEL MAR HOMEOWNERS ASSOCIATION

WEIGHT ROOM RULES

HOURS: 6:00 A.M. TO 11:00 P.M. ONLY

“USE WEIGHT ROOM AT YOUR OWN RISK”

ONLY MEMBERS, REGISTERED TENANTS, AND AUTHORIZED GUESTS MAY USE THE EQUIPMENT ROOM. EACH USER MUST EXECUTE A WAIVER PRIOR TO USE.

OWNER OR REGISTERED TENANT MUST ACCOMPANY MINORS AND/OR GUESTS, AND MUST BE PRESENT AT ALL TIMES.

USE EQUIPMENT AS DESIGNED. SIGNS ARE POSTED REGARDING PROPER USAGE OF MACHINES.

PROPER EXERCISE ATTIRE AND FOOTWEAR REQUIRED.

TIME LIMIT PER MACHINE: 30 MINUTES

GUESTS: LIMIT (2)

NO FOOD – SPORT BOTTLES ONLY – NO GLASS CONTAINERS

NO EXTERNAL RADIOS – HEAD PHONES OK

BRING A TOWEL TO WIPE DOWN EQUIPMENT WHEN FINISHED

CLOSE WINDOW BEFORE LEAVING THE WEIGHT ROOM

NO SMOKING

“PLEASE BE CONSIDERATE OF OTHERS”